

## **Contents**

### *Acknowledgments*

### Introduction

- 1 Psychometric Testing
- 2 Underemployment or Being Overqualified
- 3 The Impostor Syndrome
- 4 Bullying, Harassment, and Discrimination
- 5 Navigating Professional Boundaries
- 6 Toxic Workplaces
- 7 Identity Is Complex
- 8 The Importance of Networking, Mentorship ... and Diligence
- 9 Workplace Scapegoats and the Glass Cliff
- 10 Avoiding and Coping with Burnout at Work
- 11 When It's Time to Change Jobs
- 12 Conclusion

### *References/Further Reading*

### *About the Author*

### *Index*